

# MEDICAL POLICY

MEDICAL POLICY DETAILS	
Medical Policy Title	Capsule Endoscopy
Policy Number	6.01.27
Category	Technology Assessment
Original Effective Date	06/20/02
Committee Approval Date	01/16/03, 01/15/04, 12/16/04, 10/20/05, 09/21/06, 10/18/07, 11/20/08, 10/29/09, 12/16/10, 11/17/11, 10/18/12, 09/19/13, 08/21/14, 08/20/15, 07/21/16, 07/20/17, 07/19/18, 06/20/19, 08/20/20, 08/19/21, 08/18/22, 10/19/23, 10/17/24
Current Effective Date	10/17/24
Deleted Date	N/A
Archived Date	N/A
Archived Review Date	N/A
Product Disclaimer	<ul style="list-style-type: none"> <li>• Services are contract dependent; if a product excludes coverage for a service, it is not covered, and medical policy criteria do not apply.</li> <li>• If a commercial product (including an Essential Plan or Child Health Plus product), medical policy criteria apply to the benefit.</li> <li>• If a Medicaid product covers a specific service, and there are no New York State Medicaid guidelines (eMedNY) criteria, medical policy criteria apply to the benefit.</li> <li>• If a Medicare product (including Medicare HMO-Dual Special Needs Program (DSNP) product) covers a specific service, and there is no national or local Medicare coverage decision for the service, medical policy criteria apply to the benefit.</li> <li>• If a Medicare HMO-Dual Special Needs Program (DSNP) product DOES NOT cover a specific service, please refer to the Medicaid Product coverage line.</li> </ul>

## POLICY STATEMENT

- I. Based upon our criteria and assessment of the peer-reviewed literature, capsule endoscopy of the esophagus and small intestine (CPT 91110 & 91111) has been medically proven to be effective and, therefore, is considered **medically necessary** for **ANY** of the following indications:
  - A. To investigate suspected small bowel bleeding when conventional diagnostic workup failed to identify the source of bleeding (e.g., persistent or recurrent iron-deficiency anemia, positive fecal occult blood test, or visible bleeding);
  - B. For the initial diagnosis of suspected Crohn's disease (CD) when conventional diagnostic work-up failed to reveal evidence of disease, and there remains a strong clinical suspicion of CD (e.g., chronic diarrhea, abdominal pain, weight loss, fatigue, fever, anemia, elevated white blood cell (WBC) count, and/or elevated laboratory markers of inflammation);
  - C. For re-evaluation of members with an established diagnosis of Crohn's disease who remain symptomatic despite appropriate medical therapy;
  - D. Surveillance of the small bowel in members with a diagnosis of hereditary polyposis syndromes (i.e., familial adenomatous polyposis [FAP] or Peutz-Jeghers syndrome);
  - E. Screening or surveillance of esophageal varices, in cirrhotic patients with significantly compromised liver function (i.e., Child-Pugh score of Class B or greater), where a standard upper endoscopy with sedation or anesthesia is contraindicated;
  - F. For re-evaluation of members with an established diagnosis of celiac disease who remain symptomatic despite adherence to appropriate medical therapy.

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- II. Based upon our criteria and assessment of peer-reviewed literature, capsule endoscopy has not been medically proven to be effective and, therefore, is considered **investigational** for the evaluation or diagnosis of **ANY** other indication, including but not limited to:
- A. Disease of the esophagus, other than as stated above (e.g., Barrett's esophagus);
  - B. Disease in the small bowel, other than as stated above;
  - C. Confirmation of lesions/pathology found by other diagnostic means;
  - D. Other GI diseases/conditions not presenting with GI bleeding (e.g., irritable bowel syndrome, portal hypertensive enteropathy, unexplained chronic abdominal pain);
  - E. Disease of the stomach (e.g., NaviCam, CPT 0651T);
  - F. Disease of the large intestine/colon (e.g., detection of colonic polyps or colon cancer) (e.g., PillCam COLON2).
  - G. GI motility disorder (e.g., gastroparesis) (e.g., SmartPill GI Monitoring System, CPT 91112)
  - H. GI stricture(s) or obstruction (e.g., Agile Patency Capsule, CPT 91299)
  - I. Disease evaluation by magnetic capsule endoscopy (e.g., NaviCam, CPT 0651T);
  - J. Detection of GI blood (Pill Sense System, CPT 91299).

*Refer to Corporate Medical Policy #11.01.03 Experimental or Investigational Services*

### **POLICY GUIDELINES**

- I. Capsule endoscopy (CE) must be performed under the supervision of a gastroenterologist with expertise in this technology and performed only when there is no suspected or confirmed gastrointestinal (GI) obstruction.
- II. In the case of suspected small bowel bleeding, because of low lesion detection rate, a small bowel follow-through or enteroclysis is not necessarily required prior to CE. A small bowel follow-through may be beneficial in some cases, at the discretion of the clinician, prior to or after CE, in the detection of small bowel lesions and in their anatomical localization.

### **DESCRIPTION**

Capsule endoscopy (CE), also known as wireless capsule endoscopy (WCE) or video capsule endoscopy, is a non-invasive diagnostic imaging device used to visualize segments of the esophagus, stomach, small bowel, and colon. The CE capsule is swallowed by the patient, propelled by peristalsis or magnetically-controlled through the gastrointestinal tract, and either dissolves (e.g., patency capsule) or is naturally excreted. As the capsule is propelled through the gastrointestinal (GI) tract, the capsule records and transmits data (e.g., images or electrical signals) for interpretation.

The U.S. Food and Drug Administration (FDA) has cleared a number of capsule endoscopy devices, including but not limited to devices that visualize small bowel mucosa (e.g., PillCam SB2 and SB3), esophageal mucosa (e.g., PillCam ESO), the colon (e.g., PillCam COLON), and the stomach (e.g., NaviCam Stomach Capsule System). Additionally, the FDA has cleared devices that verify GI patency (Pillcam Patency Capsule), measures GI transit time (SmartPill GI Monitoring System), and detect the presence of blood in the GI tract (e.g., PillSense System).

#### Small Bowel Capsule Endoscopy

The primary indications for capsule endoscopy including identifying the source of suspected small bowel bleeding when conventional diagnostic work-up failed to provide a definitive diagnosis; for the initial diagnosis of suspected Crohn's disease when conventional diagnostic work-up failed to provide a definitive diagnosis, to evaluate refractory celiac disease; and screen/surveillance of esophageal varices or tumors in the small bowel in people diagnosed with polyposis genetic syndromes.

#### Colon Capsule Endoscopy (CCE)

Screening for colon cancer is suboptimal in the United States. To improve acceptability of screening, the colon capsule (PillCam Colon Capsule, Given Imaging) was developed as a non-invasive technique to explore the colon without intubation, sedation, and air insufflation. Bowel preparation is crucial with CCE since it is not possible to clean the colon during the procedure and even the smallest amount of debris could interfere with identifying colonic polyps.

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### Ingestible Esophageal Capsule

Capsule endoscopy is proposed as an option to visualize and detect mucosal disease of the esophagus and could triage patients for endoscopy if either the sensitivity or the specificity is high. Traditional endoscopy could then be performed on the appropriate group to determine false-positives or false-negatives, having spared the group with a high positive predictive value an endoscopy procedure.

A novel diagnostic ingestible device, the Cytosponge Cell Collection Device, is being investigated as a diagnostic tool for a wide range of upper GI conditions. The endoscopic cell collection device consists of a compressed spherical sponge inside a capsule, which is attached to a suture. The capsule is swallowed and dissolves in the stomach releasing the self-expanding sponge that collects cells from the outer layer of the esophageal tissue. The sponge is removed using the attached suture and the esophageal surface cells undergo cytological and histological analysis.

### Magnetic Capsule Endoscopy

Magnetically controlled capsule endoscopy, also referred to as magnetically assisted capsule endoscopy (MACE), is being investigated for visualization of the stomach and duodenum. This non-invasive system consists of a single-use ingestible capsule and magnet linked to a physician-operated console. The capsule contains a camera that wirelessly captures images of the desired anatomy. The console allows the operator to control the motion and direction of the capsule, ensuring visualization of the entire stomach. The capsule's camera captures images and transmits the images to a data recorder for interpretation. The procedure does not require sedation and has a procedural time of approximately 15 to 20 minutes. The capsule leaves the body in 24 hours on average but may take as long as two (2) weeks. The device is contraindicated for use in patients with gastrointestinal obstruction, stenosis, fistula, or those with dysphagia. Other contraindications include patients with cardiac pacemakers or other implantable electronic medical devices as well as pregnant women, those less than 22 years of age, and those with a body mass index of 38 or greater.

### Patency Capsule

The patency capsule (e.g., Agile Patency System, Pillcam Patency Capsule) is a dissolvable capsule developed to verify adequate patency of the gastrointestinal tract prior to administration of the wireless CE in patients with known or suspected strictures. Once the patient ingests the patency capsule, it is propelled through the GI tract by normal peristalsis. If the patency capsule is excreted structurally whole, then this indicates patency of the patient's GI tract, and a PillCam capsule can be administered.

### Motility Capsule

The motility capsule is an alternative to gastric scintigraphy, which is considered the reference standard for diagnosing gastroparesis. The American Gastroenterological Association (AGA) defines gastroparesis as delayed gastric emptying of the stomach, possibly due to issues with the stomach muscles, nerves, or brain and spinal cord nerves. Gastroparesis is not a mechanical block in the stomach. Symptoms of gastroparesis are often nonspecific and may mimic other gastrointestinal tract disorders. Gastroparesis can be caused by many conditions, with most common causes including idiopathic, diabetic, or postsurgical.

The ingestible pH and pressure-sensing capsule (e.g., SmartPill GI Monitoring System) measures pH, pressure, and temperature changes of the GI tract, to evaluate gastric emptying for the diagnosis of gastroparesis, as well as colonic transit times. During wireless GI motility monitoring, the individual swallows a small capsule (approximately the size of a multivitamin) that contains sensors to measure peristaltic pressure, pH, and temperature. It assesses small bowel transit time by a sharp increase in pH on entry into the duodenum and by a fall in pH at the ileocecal junction. After excretion, the receiver is returned to the physician, who then downloads the data and analyzes the results.

### Blood Detection Capsule

A novel device intended to be used for the detection of blood GI tract, the capsule features sensors that detect blood and wirelessly transmit data to an external receiver. The capsule makes its way through the gastrointestinal tract and is then passed naturally from the body. The reusable receiver collects and displays real-time information gathered by the capsule. The receiver interprets the data and displays a sensor output value. It plots these values on a chart using data acquisition

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and when completed displays a "blood detected" or "no blood detected" message. The software supports entering of the patient information, pairing of the receiver and capsule and data interpretation and display.

### RATIONALE

#### Small Bowel Capsule Endoscopy

The Given Diagnostic Imaging System, PillCam SB, received initial Section 510(k) marketing clearance from the FDA on August 1, 2001. The FDA cleared the device for use along with, not as a replacement for, other endoscopic and radiologic evaluations of the small bowel. On July 2, 2003, the FDA approved the PillCam SB as a first-line tool in the detection of abnormalities of the small bowel, removing the adjunctive tool qualifier. On October 29, 2003, the FDA announced that it had expanded its approved indications for the use of wireless CE, PillCam SB, to include visualization of the small bowel and detection of abnormalities in symptomatic children aged 10 to 18 years. This approval was based on data from a small trial where the wireless CE was able to diagnose or definitively exclude a bleeding source, small bowel polyps or Crohn's disease in 29 out of 30 children. In September 2009, the FDA expanded its approval of the PillCam SB for use in children aged two years and up.

The Olympus Capsule Endoscope System received Section 510(k) marketing clearance from the FDA in September 2007, as equivalent in intended use, method of operation, material, and design to the predicate device (PillCam SB). It is used for visualization of the small intestine mucosa. FDA approval was based upon a study of 51 patients with OGIB who swallowed both the PillCam SB and the Endocapsule, 40 minutes apart and in randomized order. The devices were similar, in terms of the detection of normal versus abnormal small intestine mucosa and in their diagnostic capability (Cave et al., 2008).

Crohn's disease (CD) is diagnosed is based on a constellation of findings, and for patients with suspected CD who cannot be diagnosed by other modalities, capsule endoscopy has been proposed as a method to confirm the diagnosis. The Selecting Therapeutic Targets in Inflammatory Bowel Disease (STRIDE) initiative began in 2015, with an updated STRIDE-II published by Turner et al. (2021). STRIDE-II encompasses evidence- and consensus-based recommendations for treat-to-target strategies in adults and children with IBD. Consensus statement number eight recommends endoscopic and transmural assessment of healing by sigmoidoscopy or colonoscopy; however, when not feasible, alternatives can include capsule endoscopy. Although the authors acknowledge that transmural healing in Crohn's disease is becoming an important adjuvant assessment of the depth of treatment response, STRIDE-II states that more research is needed to determine the incremental gain derived from the goal and whether the gain is worth the therapy-related risks and costs.

Choi et al. (2017) conducted a meta-analysis comparing capsule endoscopy with various modalities for diagnosing CD. The analysis consisted of 24 trials (RCT, nonrandomized, and diagnostic accuracy studies) with suspected or established CD. In the pooled analysis, in patients with suspected CD, the sensitivity of CE ranged from 89.6% to 92.0% and the specificity was 100%.

Small bowel capsule endoscopy (SBCE) can be used as a surveillance tool for small bowel polyps in patients with inherited polyposis syndromes. SBCE has been found to have a better diagnostic capability to reveal small bowel polyps, compared to barium follow-through, in patients with Peutz-Jeghers syndrome (Brown 2006, Iaquinto 2008).

Celiac disease and the utility of capsule endoscopy has been evaluated as an alternative method of diagnosing celiac disease, assessing the extent of disease, and in the evaluation of celiac disease unresponsive to treatment. A meta-analysis by El-Matary et al (2009) compared the diagnostic performance of CE with a reference standard of duodenal biopsy. The pooled analysis of 3 studies showed a sensitivity of 83% and a specificity of 98%. Another meta-analysis by Rokkas and Niv (2012) also compared the diagnostic performance of CE with biopsy, summarizing 6 studies (N=166 subjects). The overall pooled sensitivity was 89%, and the specificity was 95%. Capsule endoscopy detected involvement of intestines beyond the duodenum; however, the clinical significance of detecting the extent of celiac disease is uncertain. Given the less than 90% sensitivity of CE for celiac disease, it does not appear to be an adequate alternative method of making an initial diagnosis.

In cases where the diagnosis of celiac disease is equivocal, CE can sometimes reveal morphologic changes in the small bowel consistent with celiac disease. However, it is unlikely that the appearance of small bowel on CE is itself sufficient

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to make a definitive diagnosis of celiac disease. Small bowel biopsy, celiac serologies, and human leukocyte antigen typing remain the standard tests for confirming celiac disease and have a higher sensitivity and specificity for this purpose. Case series of patients with unresponsive celiac disease undergoing CE have shown some yield of actionable diagnoses that have the potential to improve patient outcomes. Larger studies are needed to better determine the diagnostic yield of CE in these patients.

In 2022, the American Gastroenterological Association's (AGA) Clinical Practice Guideline on the Management of Refractory Celiac Disease (Green et al., 2022) issued a best practice statement that supports performing small bowel imaging with capsule endoscopy and computed tomography or magnetic resonance enterography to exclude enteropathy-associated T-cell lymphoma and ulcerative jejunoileitis at initial diagnosis of type 2 refractory celiac disease (RCD2). Noting, capsule endoscopy can help quantify the extent and severity of villous atrophy, as well as look for these complications. CT or MR enterography are complementary to capsule endoscopy, and may show findings such as bowel wall thickening, mesenteric adenopathy, small bowel masses, or ulcerative jejunoileitis. The AGA's best practice advice also indicates that repeat imaging should be obtained in patients with RCD2 who are clinically worsening due to the increased risk of lymphoma. The presence of strictures, inflammation, erosions, ulcers, or mass lesions on capsule endoscopy or cross-sectional imaging should prompt further evaluation with small bowel enteroscopy to secure a pathologic diagnosis.

The American College of Gastroenterology (ACG) guideline for the diagnosis and management of celiac disease does not address capsule endoscopy (Rubio-Tapia et al., 2023).

There are very limited studies of wireless CE as a diagnostic tool for other diseases of the small bowel, and they have yet to provide sufficient data on the diagnostic yield and changes in patient management.

### Ingestible Esophageal Capsule

The PillCam ESO (Given Imaging) was approved by the FDA in November 2004 as a non-invasive alternative to endoscopy, to diagnose and evaluate diseases of the esophagus. Direct imaging of the small bowel with an endoscope is limited, and, thus, wireless CE of the small bowel occupies a unique diagnostic niche. In contrast, esophageal endoscopy, which also offers the opportunity for biopsy, is a routinely performed procedure. Therefore, assessment of CE of the esophagus requires comparison of its diagnostic performance to the gold standard of conventional endoscopy. One proposed indication for the capsule camera is detection of Barrett's esophagus, considered a premalignant condition associated with gastroesophageal reflux disease (GERD). Conventional endoscopy is often recommended in patients with longstanding symptoms of GERD, or in those requiring pharmacologic therapy to control GERD symptoms, to rule out Barrett's esophagus. This is a high-volume indication for conventional upper endoscopy, given the high prevalence of GERD.

Capsule endoscopy offers a potential alternative to endoscopy; patients with a negative study could potentially forego conventional endoscopy. In this setting, the negative predictive value of CE is the key diagnostic parameter. Patients who are believed to have suggestive findings of Barrett's esophagus will require a confirmatory conventional endoscopy with biopsy.

Eliakim et al. (2004) reported on an initial case series of 17 patients with suspected esophageal disorders. The negative predictive value for any esophageal disorder was 100%, while the positive predictive value was 92% (sensitivity 100%, specificity 80%). In a larger, multi-center study of 106 patients with either GERD or Barrett's esophagus, Eliakim et al. 2005 reported esophageal abnormalities in 66/106 patients, providing a sensitivity of 92% and specificity of 95%. In an abstract presentation at the 2004 Gastrointestinal Cancers Symposium of ASCO, Schnoll-Sussman et al. reported on the results of 53 consecutive patients who underwent both conventional and capsule camera endoscopy as part of an evaluation for Barrett's esophagus. The sensitivity of the capsule camera in detecting Barrett-like changes was 67%, while the specificity was 75%. The positive predictive value was 35%, and the negative predictive value was 92%. The results of these relatively small studies are inadequate to permit scientific conclusions regarding the clinical role of esophageal CE. Studies (n = 73) have been published, comparing the Pill Cam ESO to upper endoscopy in patients with portal hypertension and esophageal varices (Eisen et al. 2006; Lapalus et al. 2006, and Penna et al. 2008). Based on the outcomes of these small studies, PillCam ESO may represent an accurate, non-invasive alternative to EGD for the detection of esophageal varices and portal hypertensive gastropathy. While further studies are required to validate these

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initial findings, the use of wireless CE for those patients with significantly compromised liver function, who cannot tolerate sedation or anesthesia, appears reasonable.

A string or sponge capsule for esophageal use remains under investigation for diagnosing esophageal pathology. A fine string is attached to the capsule to allow for multiple controlled passes across the esophagus, with the aim of improving transit time. The ability to completely retrieve the device eliminates the risk of capsule retention in susceptible patients and also offers an advantage over conventional wireless CE. A preliminary study of 40 patients with dysphagia (Gilani et al. 2007) found that tethered CE was safe and well-tolerated by patients. The overall agreement between tethered CE and traditional upper endoscopy was 92.7%. Larger studies are needed, to determine its efficacy/accuracy and to further define its role as an alternative to upper endoscopy.

A systematic review was conducted to analyze the efficacy and safety of a minimally invasive cell sampling device (Cytosponge) in the diagnosis of esophageal pathology (Iqbal et al., 2018). A total of 13 studies were included in the review, with six studies observing the efficacy of the Cytosponge in diagnosis Barrett's esophagus (BE) undergoing EGD and three in diagnosing eosinophilic esophagitis (EoE). The pooled sensitivity and specificity of diagnosing BE through the sponge devices were 81 and 91%, respectively. The pooled sensitivity and specificity of detecting EoE was calculated at 76.3% and 98.8% respectively. Although published studies have good quality and showed promising results, the major limitation is that the majority were performed by a single group of authors. The authors concluded that given the current favorable results, the product should be independently verified to avoid the potential biases and conflicts inherent to the current literature.

The European Society of Gastrointestinal Endoscopy (ESGE) guidelines on the diagnosis and management of Barrett esophagus recommends that a swallowable nonendoscopic cell collection device (e.g., Cytosponge) can be used as an alternative to endoscopy for case finding of Barrett's esophagus (strong recommendation, high quality evidence) (Weusten et al., 2023). The recommendation was based on findings from observational case-controlled studies and one randomized controlled trial.

### Colon Capsule Endoscopy

Given Imaging received FDA Section 510(k) clearance (Class II) for the PillCam COLON 2 in February 2014. The clearance is intended for use in patients who had an incomplete traditional colonoscopy and still require a better review of the passageway. Given Imaging conducted an 884-patient, 16-site clinical trial that studied the accuracy and safety of PillCam COLON 2, compared to optical colonoscopy, in detecting adenomas 6 millimeters or larger. Results from this clinical trial demonstrated that the sensitivity for PillCam COLON was 88% and specificity was 82% in detecting adenomas at least 6 mm in size. The FDA based its clearance decision on an analysis of this clinical trial data, which used a more restrictive methodology for matching polyps. In this analysis, which was conducted on hyperplastic polyps and adenomas, the positive percent agreement for PillCam COLON and optical colonoscopy was 69%, and negative percent agreement was 81% for polyps at least 6 millimeters in size. The wireless capsule had not been adequately studied in the large intestine. The colon was not well-visualized due to stool obscuring the colonic mucosa. Adequate visualization of the colon was also hampered by the colon's larger diameter which made it possible for the capsule camera to miss suspicious areas.

Colon capsule endoscopy (CCE) has been proposed as an alternative imaging modality to explore mucosa of the entire colon. CCE does not allow for biopsy or polyp removal; therefore, patients with lesions detected typically require subsequent colonoscopy for further evaluation and/or treatment. Studies looking at the efficacy of colon capsule endoscopy compared with standard colonoscopy have reached variable results. Most studies report sensitivities for detecting polyps  $\geq 6$  mm between 70 and 88 percent (range 39 to 88 percent), and specificities between 80 and 90 percent (range 64 to 93 percent) (Cave et al., 2024). The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

Eliakim et al. (2006) conducted a prospective study to determine whether CE of the colon can provide similar detection rates of pathological colonic conditions, compared to conventional colonoscopy. Conventional colonoscopy detected more polyps compared to wireless CE: 70% were identified with the capsule and 16/20 (80%) were identified by conventional colonoscopy. In comparison with conventional colonoscopy, false-positive findings on PillCam Colon capsule

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examination were recorded in 15/45 cases (33%). Additional studies are needed, to evaluate the accuracy of PillCam Colon endoscopy in patient populations with different prevalence levels of colonic disease.

Parodi et al. (2018) conducted a prospective study including 177 first-degree relatives of individuals with colorectal cancer and found, for lesions 6 mm or larger, a sensitivity of 91% (95% CI, 81% to 96%) and specificity of 88% (95% CI, 81% to 93%) for colon CE, using optical colonoscopy as the reference.

Kjohde et al. (2020) reported a systematic review and meta-analysis of the diagnostic accuracy of CE compared to colonoscopy with stratified results for polyps of any size, polyps  $\geq 6$  mm, and polyps  $\geq 10$  mm. Across analyzed patients in the 12 eligible studies, the indications for endoscopy included colorectal cancer screening or history of polyps or colorectal cancer (n=1200 [63.2%]), positive fecal immunochemical test (n=493 [26%]), first-degree relatives of patients with colorectal cancer (n=177 [9.3%]), or unspecified (n=28 [1.5%]). The rate of patients with an adequate bowel preparation ranged from 40% to 100%. The rates of complete CE transits ranged from 57% to 100%. The authors note that the relatively high rate of incomplete CE investigations limits the utility of CE in the colorectal cancer setting. All but 1 study was assessed to have a high risk of bias and applicability concerns for the reference standard.

Cash et al. (2021) evaluated the diagnostic characteristics of CE using subsequently performed colonoscopy as the reference standard. Randomizing patients to colon CE or computed tomography (CT) colonography followed by optical colonoscopy. Data from 286 patients revealed that the proportion of enrollees with any polyp 6 mm or larger confirmed by subsequent blinded optical colonoscopy was 31.6% for colon CE versus 8.6% for CT colonography. The sensitivity and specificity of colon CE for polyps 6 mm or larger was 79.2% and 96.3%, respectively, while that of CT colonography was 26.8% and 98.9%. For polyps 10 mm or larger, the sensitivity and specificity of colon CE was 85.7% and 98.2% compared with 50% and 99.1% for CT colonography. The authors concluded that colon CE should be considered comparable or superior to CT colonography as a screening test; however, neither test was as effective as optical colonoscopy.

Vuik et al. (2021) conducted the first systematic review to provide an overview of the applicability of CCE as a colorectal cancer (CRC) screening tool in an average-risk screening population, including information on participation, diagnostic value, bowel preparation, and completion rates. Most of the studies included in this review investigated the use of CCE as a filter test after a positive FIT result in a CRC screening setting. The review included 13 studies, 9 of which reported CRC detection by CCE. The CRC detection rate for completed CCEs was 93% (25/27), and the lowest detection rate (of 64%) was caused by a low completion rate of 57%. In one study, CCE missed four CRCs, which were all located in the left colon, because the battery life expired before excretion of the capsule. In another study, one CRC was missed photographed by the capsule but overlooked by the reviewer. Another study, CRC was misjudged as a 5mm polyp instead of a 10-mm malignant polyp. The detection rate in the remaining six studies was 100%. Sensitivity of CCE ranged between 79% and 96% for polyps  $> 6$ mm and between 77% and 97% for polyps  $> 9$ mm. Specificity of CCE varied between 66% and 97% for polyps  $> 6$ mm and between 91% and 99% for polyps  $> 9$ mm.

Vuik and colleagues reported that, in general, the detection rate and sensitivity of polyps were higher for CCE than for CTC and the specificity was comparable. CCE appeared to be a safe and effective method for finding polyps and CRC, with an accuracy comparable to that of colonoscopy and superior to that of CTC in a CRC screening setting. Its high yield and patient preference make it a suitable screening tool as an alternative to colonoscopy in CRC screening programs, although completion rates require improvement. The authors concluded that despite its good diagnostic accuracy and noninvasiveness, and despite the fact that patients often prefer CCE over colonoscopy and CTC, CCE is still not used as a standard screening method. Further larger trials are needed to determine the role of CCE in population-based screening programs.

In 2020, the European Society of Gastrointestinal Endoscopy (ESGE) and European Society of Gastrointestinal and Abdominal Radiology (ESGAR) issued updated best practice guidelines for imaging alternatives to colonoscopy: CT colonography (CTC) and colon capsule endoscopy (CCE) specific to patients undergoing screening or with suspicion of colorectal neoplasm (Spada et al., 2020). Consensus recommendations include:

- For previously incomplete colonoscopy: CCE may be considered (weak recommendation, low quality evidence).
- For patients with symptoms suggestive of colorectal cancer, but a colonoscopy is contraindicated or not possible:

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- for patients with alarm symptoms: due to a lack of evidence, CCE is not recommended in this situation (very low-quality evidence).
- for patients without alarm symptoms: CCE may be considered (weak recommendation, low quality evidence).
- For colorectal cancer screening: CCE is not suggested as a first-line screening test (weak recommendation, low quality evidence).
- There is insufficient evidence to recommend CCE for:
  - following curative-intent resection of colorectal cancer,
  - surveillance after polypectomy,

The 2021 American College of Gastroenterology (ACG) clinical guidelines for colorectal cancer screening suggest consideration of the colon capsule for screening [conditional recommendation; very low quality] (Shaukat et al., 2021).

The 2021 U.S. Preventive Services Task Force (USPSTF) final recommendation statement for colorectal cancer screening specifically indicates that USPSTF recommendation does not include capsule endoscopy for colorectal cancer screening due to limited available evidence on these tests and because other effective tests (ie, the recommended screening strategies) are available.

The 2024 National Comprehensive Cancer Network (NCCN) clinical practice guidelines for colorectal cancer screening cites a systematic review conducted by Vuik et al. (2021) and considers colon capsule endoscopy an emerging option which may be an alternative to currently approved screening modalities.

### Patency Capsule

The FDA approved the Agile patency capsule in May 2006 as an accessory to the Pill Cam video capsule, intended to verify adequate patency of the gastrointestinal tract prior to administration of the Pill Cam video capsule in patients with known or suspected strictures.

The evidence is insufficient to determine that the technology results in an improvement in the net health outcome. The overall balance of harm and benefit of using the patency capsule cannot be determined from the existing studies.

Delvaux et al. (2005) evaluated the usefulness of this system in 22 patients with suspected intestinal stenosis who were also undergoing CE. The authors stated that the current technical development of the patency capsule limits its use in clinical practice, as it did not detect stenoses undiagnosed by computed tomography (CT) or small bowel follow-through. They also stated that the start of dissolution at 40 hours after ingestion was too slow to prevent episodes of intestinal occlusion. The authors noted that patients with Crohn's disease are most likely to be at risk of blockage of progression of the capsule and should benefit from a CT investigation before CE. They noted that a careful interview eliciting the patient's medical history and symptoms remains the most useful indicator with regard to suspicion of an intestinal stenosis.

Signorelli et al. (2006) evaluated 32 patients. The 26 patients who excreted the patency capsule intact, without experiencing abdominal pain, were deemed eligible for the CE procedure, which was performed uneventfully in the 25 who agreed to undergo the examination. The authors stated that the patency capsule “is an effective method for the assessment of small bowel patency before CE. However, the real incidence of complications such as the development of severe abdominal pain and small bowel obstruction needs to be ascertained before the patency test can be recommended as the standard method to evaluate patients at risk of developing capsule retention.” There is a lack of data defining the safety and role of the patency capsule. Conventional evaluations remain the gold standard for ruling out any known or suspected gastrointestinal obstruction, strictures, and fistulas, prior to CE.

### Motility Capsule Endoscopy

In 2006, the ingestible capsule (SmartPill GI Monitoring System) was FDA-cleared through the Section 510(k) process for the evaluation of delayed gastric emptying. Gastric emptying is signaled when the pH monitor in the capsule indicates a change in pH from the acidic environment of the stomach to the alkaline environment of the small intestine. For example, an increase of two or more pH units usually indicates gastric emptying, and a subsequent decrease of one or more pH units usually means passage to the ileocecal junction. The capsule also measures pressure and temperature during its transit through the entire GI tract, allowing calculations of total GI tract transit time. In 2009, the FDA



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expanded the use of the SmartPill to determine colonic transit time for the evaluation of chronic constipation and to differentiate between slow and normal transit constipation. The SmartPill is not for use in pediatric patients.

Studies assessing the utility of motility capsule testing for suspected gastric motor disorders have been limited by study design and small sample sizes. Larger, well-designed studies are needed.

In a systematic review by Stein et al. (2013) that was conducted for the Agency for Healthcare Research and Quality (AHRQ), the strength of evidence in available studies on the ingestible capsule for assessing colonic transit times was found to be low overall. No studies were identified that compared the SmartPill to colonic scintigraphy. Accuracy of the ingestible capsule in diagnosing slow-transit constipation was similar to tests using radiopaque markers. A moderate correlation between colonic transit times with the ingestible capsule and tests with radiopaque markers was shown in five studies (range, 0.69-0.71). The overall strength of evidence favoring the ingestible capsule was low. There was a moderate correlation on transit data and device agreement between the ingestible capsule and gastric emptying scintigraphy in five studies.

Surjanhata et al. (2018) performed a retrospective, multi-center clinical trial of 190 participants, to evaluate colonic wake response using the WMC. Colonic wake response is a relative increase in colonic motility upon awakening as colonic manometry studies have demonstrated reduced wake response in slow transit subjects. WMC motility parameters of contraction frequency (Ct) and area under the contraction curve (AUC) were analyzed in 20-minute windows one hour before and after awakening for all study participants. The participants were evaluated at the study center at 48 hours post ingestion and then returned the data receiver and diary at 120 hours post ingestion. Recorded WMC events were correlated with the participants' diary entries and pH tracings to quantify transit times of gastric emptying, small bowel transit, and colonic transit. At baseline prior to awakening, there was no significant difference in the mean contraction frequency (Ct) between the study participants ( $p > 0.15$ ). At 20, 40, and 60 minutes after awakening, e4 (STC) subjects had significantly lower mean Ct when compared to H ( $p < 0.001$ ) and NTC ( $p < 0.01$ ). Linear regression demonstrated that outlet obstruction was not associated with a decreased wake response ( $\beta = 3.94$ , (CI  $-3.12-1.00$ ),  $P = 0.27$ ). Blunted wake response sensitivity was 84% and specificity was 32% for chronic constipation at the Ct threshold of 64 at 20-min post-wake. The authors concluded that WMC technology can be utilized to identify an impaired wake response in subjects with STC and not normal transit constipation (NTC) which may support previous studies of neuronal dysfunction as an etiology of STC and potential for pharmacologic intervention.

Two large, prospective, multicenter trials (Lee et al., 2019 and Hasler et al., 2019) compared WMC testing with gastric emptying scintigraphy (GES) in patients with gastroparesis symptoms. Both studies found that WMC detected delayed gastric emptying more often than GES, due to WMC's capability of profiling the entire gastrointestinal tract in patients. However, the studies were limited by practice standards, participant population, and lack of correlation of physiological results with symptoms and/or management outcomes. Additional clinical studies are needed, to further investigate and compare GES versus WMC testing in patients with gastroparesis symptoms. One small prospective, single center, cohort study (Sangnes et al., 2020) compared WMC with scintigraphy in individuals with diabetic gastroparesis, with the objective of assessing diagnostic reliability. Although the researchers reportedly found a strong correlation between WMC and 4-hour GES, the study was limited by its small study size ( $n = 66$ ) and a patient cohort that may have been more severely affected by their disease.

In 2021, the United European Gastroenterology (UEG) and European Society for Neurogastroenterology and Motility (ESNM) consensus on gastroparesis did not endorse the statement that wireless motility capsule (WMC) assessment is a valid test of diagnosing gastroparesis (Schol et al., 2021). Noting the pitfall with WMC is that it is an indigestible solid and, therefore, it empties from the stomach in response to phase 3 migrating motor complexes rather than with the test meal.

The 2022 American Gastroenterological Association (AGA) expert review clinical practice update on management of medically refractory gastroparesis reiterated the EUG/ESNM consensus concern that because the WMC, an inanimate object, identifies the phase III activity front of the migrating motor complex rather than overall gastric emptying, a meal-based test provides better physiological assessment of gastric emptying and is thus recommended as the first-line test of gastric emptying over the WMC (Lacy et al., 2022).

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The American College of Gastroenterology (ACG) updated clinical guidelines on gastroparesis based on a comprehensive literature search through March 2019 (Camilleri et al. 2022). The ACG recommends scintigraphy gastric emptying (SGE) as the standard test for the evaluation of gastroparesis in patients with upper GI symptoms (strong recommendation, moderate level of evidence). The ACG reports that research supports WMC testing as an alternative test to SGE for the evaluation of gastroparesis in patients with upper GI symptoms and made a conditional recommendation (low quality of evidence) that WMC testing may be an alternative to the SGE assessment.

### Magnetic Capsule Endoscopy (CE)

The FDA approved a novel magnetically maneuvered CE system (NaviCam; AnX Robotica, Inc.) in May 2020.

For individuals who have unexplained upper abdominal complaints who receive magnetic CE, the evidence includes diagnostic accuracy studies. Studies evaluating the diagnostic characteristics of magnetic CE as compared to conventional gastroscopy in the target population have generally demonstrated similar accuracy, sensitivity, and specificity, with increases in patient preference and an acceptable safety profile with the magnetic CE approach. However, the diagnostic characteristics of magnetic CE are inadequate to substitute for other modalities or to triage patients to other modalities based on the current literature. Direct evidence of improved outcomes or a strong chain of evidence to improved outcomes is lacking. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

### Blood Detection Capsule Endoscopy

In February 2023, the FDA approved a novel ingestible GI blood detection capsule (Pill Sense System [EnteraSense]) intended to be used as an adjunct, not a standalone diagnostic device, for clinical decision making. The device is a single-use ingestible capsule uses spectrophotometry (light absorption technology) to detect blood in the upper gastrointestinal tract and wirelessly transmits data to an external receiver.

Akiki et al. (2024) reported findings from a prospective, open-label, single-arm comparative clinical trial to evaluate the safety and efficacy of the PillSense system in patients suspected of having UGIB. In consecutive patients presenting to the emergency department or outpatient endoscopy unit with suspected UGIB, consent for the study procedure was obtained, and the capsule sensor was ingested. The PillSense system data output was then compared with findings of an EGD performed within 4 hours after ingestion of the PillSense capsule. Physicians conducting the EGD were blinded to the PillSense results. Performance was analyzed from the 124 modified intention-to-treat (mITT) population. Compared with EGD results, the capsule correctly detected the presence of blood in 26 of 28 cases and the absence of blood in 87 of 96 cases. Sensitivity and specificity were 92.9% (95% CI, 76.5%-99.1%; P = .02) and 90.6% (95% CI, 82.9%-95.6%; P < .001), respectively. The PillSense system positive and negative predictive values were 74.3%, and 97.8%. This industry sponsored study concluded that the novel, swallowed, blood-sensing capsule device provides highly accurate and rapid detection of UGIB. However, future studies are needed to identify and validate the performance of the PillSense system in a real-world clinical setting.

## CODES

- *Eligibility for reimbursement is based upon the benefits set forth in the member's subscriber contract.*
- *CODES MAY NOT BE COVERED UNDER ALL CIRCUMSTANCES. PLEASE READ THE POLICY AND GUIDELINES STATEMENTS CAREFULLY.*
- *Codes may not be all inclusive as the AMA and CMS code updates may occur more frequently than policy updates.*
- *Code Key: Experimental/Investigational = (E/I), Not medically necessary/ appropriate = (NMN).*

### **CPT Codes**

<b>Code</b>	<b>Description</b>
91110	Gastrointestinal tract imaging, intraluminal (e.g., capsule endoscopy), esophagus through ileum, with interpretation and report

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Code	Description
91111	Gastrointestinal tract imaging, intraluminal (e.g., capsule endoscopy), esophagus with interpretation and report
91112 (E/I)	Gastrointestinal transit and pressure measurement, stomach through colon, wireless capsule, with interpretation and report
91113 (E/I)	Gastrointestinal tract imaging, intraluminal colon (e.g., capsule endoscopy), with interpretation and report
91299 (*E/I)	Unlisted diagnostic gastroenterology procedure <i>(*E/I when billed as use of patency capsule and blood detection capsule)</i>
0651T (E/I)	Magnetically controlled capsule endoscopy, esophagus through stomach, including intraprocedural positioning of capsule, with interpretation and report
0977T (E/I)	Upper gastrointestinal blood detection, sensor capsule, with interpretation and report <i>(Effective 07/01/25)</i>

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**HCPCS Codes**

Code	Description
No codes	

**ICD10 Codes**

Code	Description
Multiple codes	

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\*Key Article

**KEY WORDS**

AGILE patency capsule, Capsule Endoscope System, Given capsule camera, PillCam SB, PillCam ESO, PillCam Colon, SmartPill, Treat-to-target.

**CMS COVERAGE FOR MEDICARE PRODUCT MEMBERS**

Based on our review, wireless capsule endoscopy and wireless motility capsule are not addressed in National or Regional Medicare coverage determinations or policies.

There is currently a Local Coverage Determination (LCD) (L38571) for Colon Capsule Endoscopy (CCE). Please refer to the following LCD website for Medicare Members: [<http://www.cms.gov/medicare-coverage-database/view/lcd.aspx?lcdid=38571&ver=8&lcdStatus=all&sortBy=title&bc=6>] accessed 10/17/24.

There is currently a Local Coverage Determination Article (A58294) for Billing and Coding: Colon Capsule Endoscopy (CCE). Please refer to the following Article website for Medicare Members: [<https://www.cms.gov/medicare-coverage-database/view/article.aspx?articleid=58294>] accessed 10/17/24.