

Step Therapy Requirements

Effective 11/01/2025

adlarity

Products Affected

- ADLARITY 10 MG/24 HOUR WEEKLY TRANSDERMAL PATCH
- ADLARITY 5 MG/24 HOUR WEEKLY TRANSDERMAL PATCH

Details

Criteria	Coverage of Adlarity requires a trial of generic donepezil tablets or donepezil ODT. If the required drug appears in the prescription profile in the last 365 days, then additional documentation is not required.
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arb step

Products Affected

- EDARBI 40 MG TABLET
- EDARBI 80 MG TABLET
- EDARBYCLOR 40 MG-12.5 MG TABLET
- EDARBYCLOR 40 MG-25 MG TABLET

Details

Criteria	Coverage of certain branded Angiotensin-Receptor Blockers (ARB) and ARB combos requires a trial of two generic ARB or ARB combinations. If the required drugs appear in the prescription profile in the last 365 days, then additional documentation is not required.
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bempedoic acid step

Products Affected

- NEXLETOL 180 MG TABLET
- NEXLIZET 180 MG-10 MG TABLET

Details

Criteria	Coverage of Nexletol or Nexlizet requires either (1) a trial of ONE of the following generic statins: atorvastatin, fluvastatin, lovastatin, pitavastatin, pravastatin, rosuvastatin, or simvastatin, or (2) documentation patient cannot tolerate statins. For (1) above, if the required drug appears in the prescription profile in the last 365 days, then additional documentation is not required.
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penicillamine step

Products Affected

- *penicillamine 250 mg capsule*
- *trientine 250 mg capsule*
- *trientine 500 mg capsule*

Details

Criteria	Coverage of penicillamine capsules or trientine capsules requires a trial of penicillamine tablets (generic for Depen). If the required drug appears in the prescription profile in the last 365 days, then additional documentation is not required.
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savella step

Products Affected

- *duloxetine 20 mg capsule, delayed release*
- *duloxetine 30 mg capsule, delayed release*
- *duloxetine 60 mg capsule, delayed release*
- *pregabalin 100 mg capsule*
- *pregabalin 150 mg capsule*
- *pregabalin 20 mg/ml oral solution*
- *pregabalin 200 mg capsule*
- *pregabalin 225 mg capsule*
- *pregabalin 25 mg capsule*
- *pregabalin 300 mg capsule*
- *pregabalin 50 mg capsule*
- *pregabalin 75 mg capsule*

Details

Criteria	Coverage of Savella requires a trial of duloxetine and immediate release pregabalin. If the required drugs appears in the prescription profile in the last 365 days, then additional documentation is not required.
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