



## brand-name drugs are just generics in disguise

a reference guide of generic  
options to help you save money.

### saving money on prescription drugs is as easy as 1-2-3.

1. Check your medicine cabinet and use the space below to write down all the brand-name prescription drugs your family is taking.
2. Check the list\* on the following pages to see if there are generic options for the drugs you've listed and write them down.
3. Share this list with your doctor or pharmacist and ask if a generic is right for you.

| brand-name | generic options |
|------------|-----------------|
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\* List reflects a sampling of available generic drug options. If you are taking a brand-name drug that is not listed, ask your doctor if there is a generic option available for your drug.



[go.univerahealthcare.com/generics](http://go.univerahealthcare.com/generics)

If you're taking a brand-name prescription drug, this pamphlet will help you determine if there's a generic option available for you. You'll find that some brand-name drugs have an exact generic equivalent. Others have generic or over-the-counter alternatives that may provide an effective lower-cost option.

For example, Lipitor® is not currently available in a generic form\*, but simvastatin (the generic of Zocor®) is clinically proven to be a safe and effective treatment for high cholesterol. And while Nexium® is not yet available as a generic, omeprazole (the generic of Prilosec®) is an effective alternative to treat acid reflux or heartburn.

All generic and over-the-counter drugs are approved by the federal Food and Drug Administration (FDA) as safe and effective. But they cost a lot less than their brand-name counterparts.

**Ask your doctor or pharmacist if a generic is right for you.** That one quick question could save you hundreds of dollars.

### Acid Reflux/Heartburn

| brand name | generic equivalent            | generic alternative                    |
|------------|-------------------------------|--|
| Aciphex    | None                          | omeprazole, pantoprazole, lansoprazole |
| Kapidex    | None                          | omeprazole, pantoprazole, lansoprazole |
| Nexium     | None                          | omeprazole, pantoprazole, lansoprazole |
| Prevacid   | lansoprazole                  | omeprazole, pantoprazole               |
| Prilosec   | omeprazole                    | lansoprazole, pantoprazole             |
| Protonix   | pantoprazole                  | omeprazole, lansoprazole               |
| Zegerid    | omeprazole/sodium bicarbonate | omeprazole, pantoprazole, lansoprazole |

### Arthritis/Pain

| brand name    | generic equivalent | generic alternative                                 |
|---------------|--------------------|---|
| Arthrotec     | None               | diclofenac in combination with misoprostol          |
| Celebrex      | None               | ibuprofen, naproxen, meloxicam                      |
| Flector patch | None               | diclofenac, naproxen, meloxicam                     |
| Mobic         | meloxicam          | ibuprofen, naproxen                                 |
| Naprelan      | None               | ibuprofen, meloxicam, naproxen                      |
| Ponstel       | mefenamic acid     | ibuprofen, naproxen, meloxicam                      |
| Vimovo        | None               | any generic NSAID in combination with a generic PPI |

### Benign Prostatic Hyperplasia (BPH)

| brand name | generic equivalent | generic alternative                            |
|------------|--------------------|--|
| Avodart    | None               | finasteride                                    |
| Flomax     | tamsulosin         | doxazosin, terazosin                           |
| Jalyn      | None               | finasteride and tamsulosin used in combination |
| Rapaflo    | None               | tamsulosin, doxazosin, terazosin               |
| Uroxatral* | None               | tamsulosin, doxazosin, terazosin               |

### Depression

| brand name    | generic equivalent | generic alternative   |
|---------------|--------------------|---|
| Celexa        | citalopram         | fluoxetine, paroxetine, sertraline  |
| Cymbalta      | None               | citalopram, fluoxetine, paroxetine, sertraline, bupropion, mirtazapine, venlafaxine, venlafaxine ER |
| Effexor       | venlafaxine        | venlafaxine ER  |
| Effexor XR    | venlafaxine ER     | venlafaxine   |
| Lexapro       | None               | citalopram, fluoxetine, paroxetine, sertraline  |
| Paxil         | paroxetine         | citalopram, fluoxetine, sertraline  |
| Paxil CR      | paroxetine ER      | citalopram, fluoxetine, paroxetine, sertraline  |
| Pristiq       | None               | citalopram, fluoxetine, paroxetine, sertraline, bupropion, mirtazapine, venlafaxine, venlafaxine ER |
| Prozac        | fluoxetine         | citalopram, paroxetine, sertraline  |
| Wellbutrin SR | bupropion SR       | bupropion, bupropion XL   |
| Wellbutrin XL | bupropion XL       | bupropion, bupropion SR   |
| Zoloft        | sertraline         | citalopram, fluoxetine, paroxetine  |

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 ZOCOR® is a registered trademark of Merck & Co., Inc.  
 PRILOSEC® is a registered trademark of AstraZeneca.

\*generic expected to be released in 2011

## Migraine

| brand name | generic equivalent | generic alternative                                    |
|------------|--------------------|--|
| Amerge     | naratriptan        | sumatriptan  |
| Axert      | None               | sumatriptan  |
| Frova      | None               | sumatriptan  |
| Imitrex    | sumatriptan        | None   |
| Maxalt     | None               | sumatriptan  |
| Relpax     | None               | sumatriptan  |
| Treximet   | None               | sumatriptan (can be used in combination with naproxen) |

## Overactive Bladder

| brand name    | generic equivalent | generic alternative                 |
|---------------|--------------------|-------------------------------------|
| Detrol LA     | None               | oxybutynin, oxybutynin ER, trospium |
| Ditropan      | oxybutynin         | oxybutynin ER, trospium             |
| Ditropan XL   | oxybutynin ER      | oxybutynin, trospium                |
| Enablex       | None               | oxybutynin, oxybutynin ER, trospium |
| Gelnique      | None               | oxybutynin, oxybutynin ER, trospium |
| Oxytrol patch | None               | oxybutynin, oxybutynin ER, trospium |
| Sanctura      | trospium           | oxybutynin, oxybutynin ER           |
| Toviaz        | None               | oxybutynin, oxybutynin ER, trospium |
| Vesicare      | None               | oxybutynin, oxybutynin ER, trospium |

## High Blood Pressure

| brand name  | generic equivalent | generic alternative   |
|-------------|--------------------|---|
| Atacand     | None               | lisinopril, benazepril, quinapril, ramipril   |
| Avapro      | None               | lisinopril, losartan, benazepril, quinapril, ramipril   |
| Avalide     | None               | lisinopril/HCTZ, losartan/HCTZ, benazepril/HCTZ, quinapril/HCTZ   |
| Azor        | None               | benazepril and amlodipine (used in combination), lisinopril and amlodipine (used in combination), losartan and amlodipine (used in combination) |
| Benicar     | None               | lisinopril, losartan, benazepril, quinapril, ramipril   |
| Benicar HCT | None               | lisinopril/HCTZ, losartan/HCTZ, benazepril/HCTZ, quinapril/HCTZ   |
| Bystolic    | None               | atenolol, bisoprolol, carvedilol, metoprolol ER   |
| Caduet      | None               | amlodipine used in combination with simvastatin, pravastatin or lovastatin  |
| Coreg       | carvedilol         | metoprolol ER   |
| Coreg CR    | None               | carvedilol, metoprolol ER   |
| Cozaar      | losartan           | lisinopril, enalapril, benazepril, quinapril, ramipril  |
| Diovan      | None               | lisinopril, losartan, benazepril, quinapril, ramipril   |
| Diovan HCT  | None               | lisinopril/HCTZ, losartan/HCTZ, benazepril/HCTZ, quinapril/HCTZ   |
| Exforge     | None               | benazepril and amlodipine (used in combination), lisinopril and amlodipine (used in combination), losartan and amlodipine (used in combination) |

## High Blood Pressure (continued)

| brand name   | generic equivalent    | generic alternative   |
|--------------|-----------------------|---|
| Hyzaar       | losartan/HCTZ         | lisinopril, benazepril, quinapril, ramipril                     |
| Lotrel       | benazepril/amlodipine | benazepril and amlodipine (used in combination)                 |
| Micardis     | None                  | lisinopril, losartan, benazepril, quinapril, ramipril           |
| Micardis HCT | None                  | lisinopril/HCTZ, losartan/HCTZ, benazepril/HCTZ, quinapril/HCTZ |
| Sular        | nisoldipine           | felodipine, amlodipine, nifedipine                              |

## High Cholesterol

| brand name       | generic equivalent | generic alternative                  |
|------------------|--------------------|--------------------------------------|
| Crestor          | None               | simvastatin, pravastatin, lovastatin |
| Lescol/Lescol XL | None               | simvastatin, pravastatin, lovastatin |
| Lipitor*         | None               | simvastatin, pravastatin, lovastatin |
| Livalo           | None               | simvastatin, pravastatin, lovastatin |
| Mevacor          | lovastatin         | simvastatin, pravastatin             |
| Pravachol        | pravastatin        | simvastatin, lovastatin              |
| Simcor           | None               | simvastatin, pravastatin, lovastatin |
| Vytorin          | None               | simvastatin, pravastatin, lovastatin |
| Zocor            | simvastatin        | pravastatin, lovastatin              |

## Osteoporosis

| brand name | generic equivalent | generic alternative                             |
|------------|--------------------|---|
| Fosamax    | alendronate        | None  |
| Fosamax D  | None               | alendronate (in combination with OTC vitamin D) |
| Actonel    | None               | alendronate                                     |
| Atelvia    | None               | alendronate                                     |
| Boniva     | None               | alendronate                                     |

## Sleep Disorders

| brand name | generic equivalent | generic alternative |
|------------|--------------------|---------------------|
| Ambien     | zolpidem           | temazepam           |
| Ambien CR  | zolpidem ER        | zolpidem, temazepam |
| Lunesta    | None               | zolpidem, temazepam |
| Sonata     | zaleplon           | zolpidem, temazepam |
| Rozerem    | None               | zolpidem, temazepam |

\*generic expected to be released in 2011