

YOUR MEMBER HANDBOOK HAS BEEN CHANGED TO INCLUDE NEW SERVICES FOR MEMBERS UNDER 21

### **Children's Family Treatment and Support Services**

You may already get similar services with your State Medicaid Card. Starting on the dates below, use your Univera Healthcare MyHealth<sup>SM</sup> benefit card to get the service.

#### **January 1, 2019**

On January 1, 2019, use your Univera Healthcare MyHealth<sup>SM</sup> benefit card to get Children and Family Treatment and Support Services. These services include:

- **Other Licensed Practitioner (OLP).** This benefit lets you get individual, group, or family therapy where you are most comfortable.
- **Psychosocial Rehabilitation (PSR).** This benefit helps you relearn skills to help you in your community. This service was called "Skill Building."
- **Community Psychiatric Supports and Treatment (CPST).** This benefit helps you stay in your home and communicate better with family, friends and others. This service was called "Intensive In Home Services," "Crisis Avoidance Management & Training," or "Intensive In Home Supports and Services."

If you are under 21 years old and have federal Social Security Insurance disability status or have been determined Social Security Insurance-Related by New York State, use your State Medicaid Card for these Children's Family Treatment and Support Services.

Please keep this update with your member handbook.