univera HEALTHCARE

Univera SeniorChoice Value (HMO) offered by Univera Healthcare

Annual Notice of Changes for 2022

You are currently enrolled as a member of Univera SeniorChoice Value (HMO). Next year, there will be some changes to the plan's costs and benefits. *This booklet tells about the changes.*

- **You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**

What to do now

1. ASK: Which changes apply to you

☐ Check the changes to our benefits and costs to see if they affect you.

- It's important to review your coverage now to make sure it will meet your needs next year.
- Do the changes affect the services you use?
- Look in Sections 1 and 2 for information about benefit and cost changes for our plan.

☐ Check the changes in the booklet to our prescription drug coverage to see if they affect you.

- Will your drugs be covered?
- Are your drugs in a different tier, with different cost sharing?
- Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?
- Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?
- Review the 2022 Drug List and look in Section 1.6 for information about changes to our drug coverage.

OMB Approval 0938-1051(Expires: February 29, 2024)

- Your drug costs may have risen since last year. Talk to your doctor about lower cost alternatives that may be available for you; this may save you in annual out-of-pocket costs throughout the year. To get additional information on drug prices visit go.medicare.gov/drugprices, and click the "dashboards" link in the middle of the second Note toward the bottom of the page. These dashboards highlight which manufacturers have been increasing their prices and also show other year-to-year drug price information. Keep in mind that your plan benefits will determine exactly how much your own drug costs may change.

☐ Check to see if your doctors and other providers will be in our network next year.

- Are your doctors, including specialists you see regularly, in our network?
- What about the hospitals or other providers you use?
- Look in Section 1.3 for information about our Provider Directory.

☐ Think about your overall health care costs.

- How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
- How much will you spend on your premium and deductibles?
- How do your total plan costs compare to other Medicare coverage options?

☐ Think about whether you are happy with our plan.

2. **COMPARE:** Learn about other plan choices

☐ Check coverage and costs of plans in your area.

- Use the personalized search feature on the Medicare Plan Finder at www.medicare.gov/plan-compare website.
- Review the list in the back of your Medicare & You 2022 handbook.
- Look in Section 3.2 to learn more about your choices.

☐ Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

3. **CHOOSE: Decide whether** you want to change your plan

- If you don't join another plan by December 7, 2020, you will be enrolled in Univera SeniorChoice Value (HMO).
- To change to a **different plan** that may better meet your needs, you can switch plans between October 15 and December 7.

4. **ENROLL:** To change plans, join a plan between **October 15** and **December 7, 2021**

- If you **don't join another plan by December 7, 2021**, you be enrolled in Univera SeniorChoice Value (HMO).
- If you **join another plan by December 7, 2021**, your new coverage will start on January 1, 2022. You will be automatically disenrolled from your current plan.

Additional Resources

- Please contact our Customer Care number at 1-877-883-9577 for additional information. (TTY users should call 1-800-662-1220.) Hours are Monday - Friday, 8:00 a.m. - 8:00 p.m. Representatives are also available 8:00 a.m. - 8:00 p.m., Monday - Sunday, from October 1 - March 31.
- This information may be available in a different format, including large print, audio, and braille.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About Univera SeniorChoice Value (HMO)

- Univera Healthcare is an HMO plan with a Medicare contract. Enrollment in Univera Healthcare depends on contract renewal.
- When this booklet says "we," "us," or "our," it means Univera Healthcare. When it says "plan" or "our plan," it means Univera SeniorChoice Value (HMO).

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Summary of Important Costs for 2022

The table below compares the 2021 costs and 2022 costs for Univera SeniorChoice Value (HMO) in several important areas. **Please note this is only a summary of changes.** A copy of the Evidence of Coverage is located on our website www.UniveraMedicare.com. You may call Customer Care to ask us to mail you an Evidence of Coverage.

Cost	2021 (this year)	2022 (next year)
Monthly plan premium* * Your premium may be higher or lower than this amount. (See Section 1.1 for details.)	$69	$60
Maximum out-of-pocket amount This is the most you will pay out-of-pocket for your covered Part A and Part B services. (See Section 1.2 for details.)	$6,700	$6,700
Doctor office visits	**Primary care visits:** You pay a $10 copayment in-network per visit. **Specialist visits:** You pay a $45 copayment in-network per visit.	**Primary care visits:** You pay a $5 copayment in-network per visit. **Specialist visits:** You pay a $35 copayment in-network per visit.
Inpatient hospital stays Includes inpatient acute, inpatient rehabilitation, long-term care hospitals and other types of inpatient hospital services. Inpatient hospital care starts the day you are formally admitted to the hospital with a doctor's order. The day before you are discharged is your last inpatient day.	**In-network:** You pay a $360 copayment per day for days 1 through 5 for covered hospital care. Thereafter, you pay a $0 copayment for additional Medicare-covered days during your hospital admission.	**In-network:** You pay a $360 copayment per day for days 1 through 5 for covered hospital care. Thereafter, you pay a $0 copayment for additional Medicare-covered days during your hospital admission.

Cost	2021 (this year)	2022 (next year)
Inpatient mental health and chemical dependency admission	**In-network:** You pay a $315 copayment per day for days 1 through 5 for covered hospital care. Thereafter, you pay a $0 copayment for additional Medicare-covered days during your hospital admission	**In-network:** You pay a $315 copayment per day for days 1 through 5 for covered hospital care. Thereafter, you pay a $0 copayment for additional Medicare-covered days during your hospital admission

Cost	2021 (this year)	2022 (next year)
Part D prescription drug coverage (See Section 1.6 for details.)	Deductible: $0 Copayments/Coinsurance during the Initial Coverage Stage: **Drug Tier 1:** □ *Preferred Pharmacy cost-sharing:* $0 copayment. □ *Standard Pharmacy cost-sharing:* $5 copayment. **Drug Tier 2:** □ *Preferred Pharmacy cost-sharing:* $10 copayment. □ *Standard Pharmacy cost-sharing:* $15 copayment. **Drug Tier 3:** □ *Preferred Pharmacy cost-sharing:* $42 copayment. □ *Standard Pharmacy cost-sharing:* $47 copayment. **Drug Tier 4:** □ *Preferred Pharmacy cost-sharing:* $95 copayment. □ *Standard Pharmacy cost-sharing:* $100 copayment. **Drug Tier 5:** □ *Preferred Pharmacy cost-sharing:* 33% coinsurance. □ *Standard Pharmacy cost-sharing:* 33% coinsurance.	Deductible: $0 Copayments/Coinsurance during the Initial Coverage Stage: **Drug Tier 1:** □ *Preferred Pharmacy cost-sharing:* $0 copayment. □ *Standard Pharmacy cost-sharing:* $5 copayment. **Drug Tier 2:** □ *Preferred Pharmacy cost-sharing:* $10 copayment. □ *Standard Pharmacy cost-sharing:* $15 copayment. **Drug Tier 3:** □ *Preferred Pharmacy cost-sharing:* $42 copayment. □ *Standard Pharmacy cost-sharing:* $47 copayment. **Drug Tier 4:** □ *Preferred Pharmacy cost-sharing:* $95 copayment. □ *Standard Pharmacy cost-sharing:* $100 copayment. **Drug Tier 5:** □ *Preferred Pharmacy cost-sharing:* 33% coinsurance. □ *Standard Pharmacy cost-sharing:* 33% coinsurance.

Cost	2021 (this year)	2022 (next year)
Insulin	The cost of a 30-day supply of select insulin will be $25 at a preferred pharmacy and $30 at a standard pharmacy. Costs will remain the same through the deductible, initial and coverage gap phases of the Part D benefit. To find out which drugs are select insulins, review the most recent Drug List we provided electronically. If you have questions about the Drug List, you can also call Customer Care (Phone numbers for Customer Care are printed on the back cover of this booklet).	The cost of a 30-day supply of select insulin will be $25 at a preferred pharmacy and $30 at a standard pharmacy. Costs will remain the same through the deductible, initial and coverage gap phases of the Part D benefit. To find out which drugs are select insulins, review the most recent Drug List we provided electronically. If you have questions about the Drug List, you can also call Customer Care (Phone numbers for Customer Care are printed on the back cover of this booklet).

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SECTION 1 Changes to Benefits and Costs for Next Year

Section 1.1 – Changes to the Monthly Premium

Cost	2021 (this year)	2022 (next year)
Monthly premium (You must also continue to pay your Medicare Part B premium.)	$69	$60
Dental Optional Supplemental Benefit monthly plan premium (This premium is paid in addition to your monthly premium in our plan and your Medicare Part B premium.) For more information, see Chapter 4, Section 2.2, *Extra "optional supplemental" benefits you can buy*, in your *Evidence of Coverage*.	$29	$29

- Your monthly plan premium will be more if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as "creditable coverage") for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be less if you are receiving "Extra Help" with your prescription drug costs. Please see Section 7 regarding "Extra Help" from Medicare.

Section 1.2 – Changes to Your Maximum Out-of-Pocket Amount

To protect you, Medicare requires all health plans to limit how much you pay "out-of-pocket" during the year. This limit is called the "maximum out-of-pocket amount." Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2021 (this year)	2022 (next year)
Maximum out-of-pocket amount Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket amount. Your plan premium and costs for prescription drugs do not count toward your maximum out-of-pocket amount.	$6,700	$6,700 Once you have paid $6,700 out-of-pocket for Part A and Part B covered services, you will pay nothing for your Part A and Part B covered services for the rest of the calendar year.

Section 1.3 – Changes to the Provider Network

There are changes to our network of providers for next year. An updated Provider Directory is located on our website at www.UniveraMedicare.com. You may also call Customer Care for updated provider information or to ask us to mail you a Provider Directory. **Please review the 2022 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network**.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) that are part of your plan during the year. There are a number of reasons why your provider might leave your plan, but if your doctor or specialist does leave your plan, you have certain rights and protections summarized below:

- Even though our network of providers may change during the year, we must furnish you with uninterrupted access to qualified doctors and specialists.
- We will make a good faith effort to provide you with at least 30 days' notice that your provider is leaving our plan so that you have time to select a new provider.
- We will assist you in selecting a new qualified provider to continue managing your health care needs.
- If you are undergoing medical treatment you have the right to request, and we will work with you to ensure, that the medically necessary treatment you are receiving is not interrupted.
- If you believe we have not furnished you with a qualified provider to replace your previous provider or that your care is not being appropriately managed, you have the right to file an appeal of our decision.

- If you find out your doctor or specialist is leaving your plan, please contact us so we can assist you in finding a new provider to manage your care.

Section 1.4 – Changes to the Pharmacy Network

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our network pharmacies. Our network includes pharmacies with preferred cost-sharing, which may offer you lower cost-sharing than the standard cost-sharing offered by other network pharmacies for some drugs.

There are changes to our network of pharmacies for next year. An updated Pharmacy Directory is located on our website at www.UniveraMedicare.com. You may also call Customer Care at 1-877-883-9577 for updated pharmacy information or to ask us to mail you a Pharmacy Directory. **Please review the 2022 Pharmacy Directory to see which pharmacies are in our network**.

Section 1.5 – Changes to Benefits and Costs for Medical Services

We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, *Medical Benefits Chart (what is covered and what you pay)*, in your 2022 *Evidence of Coverage*.

Opioid treatment program services

Members of our plan with opioid use disorder (OUD) can receive coverage of services to treat OUD through an Opioid Treatment Program (OTP) which includes the following services:

- U.S. Food and Drug Administration (FDA)-approved opioid agonist and antagonist medication-assisted treatment (MAT) medications.
- Dispensing and administration of MAT medications (if applicable)
- Substance use counseling
- Individual and group therapy
- Toxicology testing
- Intake activities
- Periodic assessments

Cost	2021 (this year)	2022 (next year)
Allergy Testing and Treatment	$10 PCP - $45 Specialist in network	$5 PCP - $35 Specialist in network

Cost	2021 (this year)	2022 (next year)
Ambulatory Surgery Centers	$350 copayment in network	$325 copayment in network
Cardiac Rehabilitation	$45 copayment in network	$35 copayment in network
Chiropractic Care	$10 copayment in network	$5 copayment in network
Colonoscopy, Diagnostic	$350 copayment in network	$325 copayment in network
Eyewear - post Cataract Surgery	$45 copayment in network	$35 copayment in network
Eyewear - Routine	$75 annual allowance	$175 annual allowance
GYN Visit, Diagnostic	$10 copayment in network	$5 copayment in network
Hearing Exam, Diagnostic	$45 copayment in network	$35 copayment in network
Observation Stay	$350 copayment in network	$325 copayment in network
Office Surgery	$10 PCP - $45 Specialist in network	$5 PCP - $35 Specialist in network
Office Visit - Primary Care Physician (PCP)	$10 copayment in network	$5 copayment in network
Office Visit - Specialist	$45 copayment in network	$35 copayment in network
Oral Surgery - Medicare Covered	$45 copayment in network	$35 copayment in network
Podiatry Services	$45 copayment in network	$35 copayment in network
Second Surgical Opinion	$10 PCP - $45 Specialist in network	$5 PCP - $35 Specialist in network
Skilled Nursing Facility	You pay a $184 copayment per day for days 21 through 100 in-network.	You pay a $188 copayment per day for days 21 through 100 in-network.
Surgical Care, Outpatient Hospital Services	$350 copayment in network	$325 copayment in network
Telehealth	$10 PCP - $45 Specialist in network	$5 PCP - $35 Specialist in network

Cost	2021 (this year)	2022 (next year)
Telehealth (MDLive®)	$10 copayment for MDLive visit in network. $45 copayment for MDLive Behavioral Health visit in network	$5 copayment for MDLive visit in network. No coverage for Behavioral Health in network
Telehealth- Mental Health Visit	No requirement for an in-person visit with a provider, or a provider in the group, furnishing the mental health telehealth service.	For all mental health telehealth visits, you are required to have an in-person visit with the provider, or a provider in the group, furnishing the mental health telehealth services within six months prior to the initial telehealth visit, and at least once every six months thereafter.
The Silver&Fit® Program	Members can choose 2 Home Fitness Kits for a $10 annual nonrefundable fee per year. Members will also have access to digital fitness options, including digital workout videos.	Members can choose 1 Home Fitness Kit for a $10 annual nonrefundable fee per year. Members will also have access to digital fitness options, including digital workout videos.

Section 1.6 – Changes to Part D Prescription Drug Coverage

Changes to Our Drug List

Our list of covered drugs is called a Formulary or "Drug List." A copy of our Drug List is provided electronically.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

If you are affected by a change in drug coverage, you can:

- **Work with your doctor (or other prescriber) and ask the plan to make an exception** to cover the drug. **We encourage current members** to ask for an exception before next year.
  - To learn what you must do to ask for an exception, see Chapter 9 of your *Evidence of Coverage (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)* or call Customer Care.
- **Work with your doctor (or other prescriber) to find a different drug** that we cover. You can call Customer Care to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a temporary supply of a non-formulary drug in the first 90 days of the plan year or the first 90 days of membership to avoid a gap in therapy. (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5, Section 5.2 of the *Evidence of Coverage*.) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

Approved formulary exceptions are valid one year from the day the plan grants the exception. Please refer to the coverage determination letter you and your physician received when the exception was approved by the plan. When the exception expires, if you still require the drug, your physician will need to request a new exception for the drug on your behalf.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules.

When we make these changes to the Drug List during the year, you can still work with your doctor (or other prescriber) and ask us to make an exception to cover the drug. We will also continue to update our online Drug List as scheduled and provide other required information to reflect drug changes. (To learn more about changes we may make to the Drug List, see Chapter 5, Section 6 of the Evidence of Coverage.)

Changes to Prescription Drug Costs

Note: If you are in a program that helps pay for your drugs ("Extra Help"), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also called the "Low Income Subsidy Rider" or the "LIS Rider"), which tells

you about your drug costs. Because you receive "Extra Help" and if you haven't received this insert by September 30, 2021, please call Customer Care and ask for the "LIS Rider."

There are four "drug payment stages." How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your *Evidence of Coverage* for more information about the stages.)

The information below shows the changes for next year to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. **Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage.** To get information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the *Evidence of Coverage* which is located on our website www.UniveraMedicare.com. You may also call Customer Care to ask us to mail you an Evidence of Coverage.

Changes to the Deductible Stage

Stage	2021 (this year)	2022 (next year)
Stage 1: Yearly Deductible Stage	Because we have no deductible, this payment stage does not apply to you.	Because we have no deductible, this payment stage does not apply to you.
Insulin:	There is no deductible for Univera SeniorChoice Value (HMO) for select insulins. You pay $25 at a preferred pharmacy for a 30-day supply of insulin and you pay $30 at a standard pharmacy for a 30-day supply of insulin.	There is no deductible for Univera SeniorChoice Value (HMO) for select insulins. You pay $25 at a preferred pharmacy for a 30-day supply of insulin and you pay $30 at a standard pharmacy for a 30-day supply of insulin.

Changes to Your Cost-sharing in the Initial Coverage Stage

To learn how copayments and coinsurance work, look at Chapter 6, Section 1.2, *Types of out-of-pocket costs you may pay for covered drugs* in your *Evidence of Coverage*.

Stage	2021 (this year)	2022 (next year)
Stage 2: Initial Coverage Stage During this stage, the plan pays its share of the cost of your drugs and **you pay your share of the cost.**	Your cost for a one-month supply filled at a network pharmacy:	Your cost for a one-month supply filled at a network pharmacy:
The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy. For information about the costs for a long-term supply or for mail-order prescriptions, look in Chapter 6, Section 5 of your *Evidence of Coverage*. We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.	**Preferred Generic (Tier 1):** □ *Preferred Pharmacy cost-sharing:* You pay $0 per prescription. □ *Standard Pharmacy cost-sharing:* You pay $5 per prescription. **Generic (Tier 2):** □ *Preferred Pharmacy cost-sharing:* You pay $10 per prescription. □ *Standard Pharmacy cost-sharing:* You pay $15 per prescription. **Preferred Brand (Tier 3):** □ *Preferred Pharmacy cost-sharing:* You pay $42 per prescription. □ *Standard Pharmacy cost-sharing:* You pay $47 per prescription.	**Preferred Generic (Tier 1):** □ *Preferred Pharmacy cost-sharing:* You pay $0 per prescription. □ *Standard Pharmacy cost-sharing:* You pay $5 per prescription. **Generic (Tier 2):** □ *Preferred Pharmacy cost-sharing:* You pay $10 per prescription. □ *Standard Pharmacy cost-sharing:* You pay $15 per prescription. **Preferred Brand (Tier 3):** □ *Preferred Pharmacy cost-sharing:* You pay $42 per prescription. □ *Standard Pharmacy cost-sharing:* You pay $47 per prescription.

Stage	2021 (this year)	2022 (next year)
	Non-Preferred Drug (Tier 4): □ *Preferred Pharmacy cost-sharing:* You pay $95 per prescription. □ *Standard Pharmacy cost-sharing:* You pay $100 per prescription. **Specialty (Tier 5):** □ *Preferred Pharmacy cost-sharing:* You pay 33% of the total cost. □ *Standard Pharmacy cost-sharing:* You pay 33% of the total cost. **Insulin:** □ *Preferred Pharmacy cost-sharing:* You pay $25 per prescription for select insulins. □ *Standard Pharmacy cost-sharing:* You pay $30 per prescription for select insulins. Once your total drug costs have reached $4,130, you will move to the next stage (the Coverage Gap Stage).	**Non-Preferred Drug (Tier 4):** □ *Preferred Pharmacy cost-sharing:* You pay $95 per prescription. □ *Standard Pharmacy cost-sharing:* You pay $100 per prescription. **Specialty (Tier 5):** □ *Preferred Pharmacy cost-sharing:* You pay 33% of the total cost. □ *Standard Pharmacy cost-sharing:* You pay 33% of the total cost. **Insulin:** □ *Preferred Pharmacy cost-sharing:* You pay $25 per prescription for select insulins. □ *Standard Pharmacy cost-sharing:* You pay $30 per prescription for select insulins. Once your total drug costs have reached $4,430, you will move to the next stage (the Coverage Gap Stage).

Changes to the Coverage Gap and Catastrophic Coverage Stages

The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. **Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage**. For information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in your *Evidence of Coverage.*

Univera SeniorChoice Value (HMO) offers additional gap coverage for select insulins. During the

Coverage Gap stage, your out-of-pocket costs for select insulins will be $25 at a preferred pharmacy for a 30-day supply of insulin and $30 at a standard pharmacy for a 30-day supply of insulin.

SECTION 2 Administrative Changes

Cost	2021 (this year)	2022 (next year)
Welvie My Surgery℠ Program	Not Available	This online program helps you work with your doctor to decide on, prepare for and recover from surgery. You don't need to be considering surgery to benefit. You'll get a $25 Amazon gift card for completing the program. Available Jan. 1, 2022 at welvie.com.

SECTION 3 Deciding Which Plan to Choose

Section 3.1 – If you want to stay in Univera SeniorChoice Value (HMO)

To stay in our plan you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our 2022 plan.

Section 3.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change for 2022 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan timely,
- *OR* -- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 1.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, read the *Medicare & You* 2022 handbook call your State Health Insurance Assistance Program (see Section 5), or call Medicare (see Section 7.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to www.medicare.gov/plan-compare. **Here, you can find information about costs, coverage, and quality ratings for Medicare plans.**

As a reminder, *Univera Healthcare* offers other Medicare health plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from Univera SeniorChoice Value (HMO).
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from Univera SeniorChoice Value (HMO).
- To **change to Original Medicare without a prescription drug plan**, you must either:
  - Send us a written request to disenroll. Contact Customer Care if you need more information on how to do this (phone numbers are in Section 7.1 of this booklet).
  - – *or* – Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

SECTION 4 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7.** The change will take effect on January 1, 2022.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area may be allowed to make a change at other times of the year. For more information, see Chapter 10, Section 2.3 of the *Evidence of Coverage*.

If you enrolled in a Medicare Advantage plan for January 1, 2022, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2022. For more information, see Chapter 10, Section 2.2 of the *Evidence of Coverage*.

SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. In New York, the SHIP is called Health Insurance Information Counseling and Assistance Program (HIICAP).

HIICAP is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal Government to give **free** local health insurance counseling to people with Medicare. HIICAP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call HIICAP at 1-800-701-0501. You can learn more about HIICAP by visiting their website (aging.ny.gov/programs/medicare-and-health-insurance).

SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- **"Extra Help" from Medicare.** People with limited incomes may qualify for "Extra Help" to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or

more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. Many people are eligible and don't even know it. To see if you qualify, call:

- 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day / 7 days a week;
- The Social Security Office at 1-800-772-1213 between 7 a.m. and 7 p.m., Monday through Friday. TTY users should call, 1-800-325-0778 (applications); or
- Your State Medicaid Office (applications);

- **Help from your state's pharmaceutical assistance program.** New York has a program called Elderly Pharmaceutical Insurance Program (EPIC) that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program (the name and phone numbers for this organization are in Section 5 of this booklet).
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/ AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the HIV Uninsured Care Programs, Empire Station, P.O. Box 2052, Albany, NY 12220-0052. You can learn more about the ADAP in New York State by visiting their website (www.health.ny.gov/diseases/aids/general/resources/adap/). For information on eligibility criteria, covered drugs, or how to enroll in the program:
  - call 1-800-542-2437 or 1-844-682-4058 (in-state, toll free); 1-518-459-1641 (out of state); 1-518-459-0121 (TDD) Monday through Friday, 8:00 am - 5:00 pm. or
  - email adap@health.ny.gov

SECTION 7 Questions?

Section 7.1 – Getting Help from Univera SeniorChoice Value (HMO)

Questions? We're here to help. Please call Customer Care at 1-877-883-9577. (TTY only, call 1-800-662-1220.) We are available for phone calls Monday - Friday, 8:00 a.m. - 8:00 p.m. Representatives are also available 8:00 a.m. - 8:00 p.m., Monday - Sunday, from October 1 - March 31. Calls to these numbers are free.

Read your 2022 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2022. For details, look in the 2022 *Evidence of Coverage* for Univera SeniorChoice Value (HMO). The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at www.UniveraMedicare.com. You may also call Customer Care to ask us to mail you an *Evidence of Coverage*.

Visit our Website

You can also visit our website at www.UniveraMedicare.com. As a reminder, our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (Formulary/Drug List).

Section 7.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week.
TTY users should call 1-877-486-2048.

Visit the Medicare Website

You can visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to www.medicare.gov/plan-compare.

Read Medicare & You 2022

You can read the *Medicare & You* 2022 handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (www.medicare.gov) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.